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Yoni Egg Secrets: The Definitive Guide





Synopsis

Everything you need to know about working with Yoni Eggs! Many women are beginning to use yoni eggs, you may have heard the term and wonder what all of the hooplah is about. Perhaps you own some yoni eggs and would like to learn more effective ways to use them - this book is for you! Learn over 30 different types of yoni eggs and their uses. Yoni egg exercises. Conditions your yoni eggs may help treat. How to use your womb eggs for womb healing as well as pelvic toning. How to cleanse, clear, and activate your yoni eggs for spiritual use and so much more! This book covers some of the physical uses of yoni eggs but where it really focuses is on the spiritual and energetic uses for healing, clearing, removing energetic blockages. While many sites focus solely on the sexual properties- Namaste focuses on the ENERGY of the eggs as well blending both sexual bliss, physical health and energetic power for a holistic experience giving you answers to most any question you might have about using them!

Book Information

File Size: 1277 KB Print Length: 75 pages Publisher: InfiniteCouple Press; 2 edition (August 5, 2014) Publication Date: August 5, 2014 Sold by: Â Digital Services LLC Language: English ASIN: B00MH6RQXY Text-to-Speech: Enabled X-Rav: Not Enabled Word Wise: Enabled Lending: Not Enabled Enhanced Typesetting: Not Enabled Best Sellers Rank: #86,375 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #18 in Books > Religion & Spirituality > New Age & Spirituality > Sacred Sexuality #118 in Kindle Store > Kindle eBooks > Religion & Spirituality > Other Religions, Practices & Sacred Texts #143 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Sex

Customer Reviews

I'm leaving my original review below, but I'm raising my 4 star rating to 5 stars. When I first read this book I was coming from a place of information gathering, and not really having a context for the

information. After purchasing my first egg and re reading the book I realize the value is greater that I originally thought. This is a great little book!------This is a nice little booklet to have because it has good info in one place. A lot of the info can be found for free on the internet, but there were a few extra details included here that were nice to know. Good book for beginners.

Well written and informative. I found the format easy to follow and as someone who had no prior knowledge of yoni eggs I came away feeling assured that I can make an informed decision on my first purchase and initial use of one.

This book is 99% about the spiritual things yoni eggs can do. I bought it thinking it was going to explain how to use them, which it did very briefly. Anyway, well written just not the subject I thought i wanted.

I have a few issues with this book:1 - Unfortunately, (in my version), half of the information of the gemstone eggs, and the healing properties that they are purported to possess, was unreadable, making 1/6th of the book useless. As seen in photos 1 & 2, half of the left side page is cut off. As seen in photos 3 & 4, the next page was so small I couldn't read it. This alternated throughout the entire section of gemstone eggs and their properties. I don't know why it did this, so I don't know how to fix it. If there's a solution, and someone could tell me how to fix it, this issue would be a non-issue.2 - The majority of the book talked about the metaphysical properties of crystals and gemstones, how and when to cleanse the crystals and gemstones (eggs) physically and metaphysically. But I couldn't read it, so I don't know what it said.3 - Very little was written about various exercises or how they should be performed. I just kind of thought "The Definitive Guide" should tell me definitively how to use the eggs.So if you're looking for information on gemstones, their metaphysical properties, how to cleanse, consecrate, and use them to metaphysically heal yourself and/or others, then this book will be of use to you.If however, you're looking for more information about exercises with Yoni/Jade Eggs, you may find yourself disappointed.If this review was helpful to you, please click Yes.I am happy to discuss this product and/or review. Thank you!

This book gives you all the information you need to get started with yoni eggs, whether for toning and pleasure or spiritual work. Namaste gets right to the point, giving you the information you need without any filler making this a guide you can easily flip through when you have questions later. I like how thorough Namaste is with guiding the reader into understanding how to care for, maintain, and understand how to properly care for your Yoni Eggs. I'm glad I bought and read this book while waiting for my first to arrive. Now I don't feel like I'm walking into a room blindfolded when it comes to using my egg for the first time. Thank you Namaste!

This book delivered exactly what I needed. It's very informative, everything you need to know on cleaning, clearing, charging and caring for your yoni egg. Thanks for sharing the information!! Peace ~T~

I got the answers that I needed. It is simple to understand while intriguing if the whole idea is new to you.

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